

Fall 2016 ACT-i-Pass Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Spectrum						
<p>Soccer: Byron Somerset PS Ages 10-12 7:30-8:30 p.m. 283619</p> <p>Soccer: Wilfrid Jury PS Ages 10-12 7:15-8:15 p.m. 281805</p> <p>Hip Hop: Wilfrid Jury PS Ages 7-9 7:15-8:15 p.m. 282212</p> <p>Soccer: Byron Community Centre Ages 7-9 7-8 p.m. 281828</p> <p>Soccer: Westmount PS Ages 7-9 7:30-8:30 p.m. 281829</p> <p>Football: Lord Nelson PS Ages 7-9 7-8 p.m. 282606</p> <p>Ballet: Lord Nelson PS Ages 7-9 7:15-8:15 p.m. 282710</p> <p>Basketball: Knollwood PS Ages 10-12 8:15-9:15pm 282727</p> <p>Children's Yoga: Northridge PS Ages 6-9 6-7 p.m. 282811</p>	<p>Glee Club: Berkshire Club Ages 10-12 7:30-8:30 p.m. 282267</p> <p>Girls Basketball: South London Community Centre Ages 10-12 7-8 p.m. 281650</p> <p>Floor Hockey: Wilfrid Jury PS Ages 7-9 6:45-7:45 p.m. 281732</p> <p>Glee Club: Berkshire Club Ages 7-9 6:30-7:30pm 282264</p> <p>Dance Mix: Glen Cairn PS Ages 7-9 7:15-8:15 p.m. 282763</p> <p>Badminton: Jack Chambers Ages 10-12 7-8 p.m. 282802</p>	<p>Boys Basketball: White Oaks PS Ages 10-12 6-7 p.m. 281621</p> <p>Yoga: Berkshire Club Ages 10-12 7:15-8:15 p.m. 282366</p> <p>Yoga: Berkshire Club Ages 6-9 6-7 p.m. 282364</p> <p>Dance Mix: Clara Brenton PS Ages 7-9 7:15-8:15 p.m. 281940</p> <p>Open Gym: Lord Nelson PS Ages 6-13 7-8 p.m. 283262</p> <p>Cheerleading: Lord Nelson PS Ages 7-10 6-7 p.m. 283266</p> <p>Floor Hockey: Ryerson PS Ages 10-12 7-8 p.m. 282787</p> <p>Badminton: Northbrae PS Ages 7-9 7-8 p.m. 282788</p> <p>Hip Hop: Ealing PS Ages 10-12 7-8 p.m. 283273</p>	<p>Volleyball: Westmount PS Ages 10-12 7-8 p.m. 281833</p> <p>Volleyball: Westmount PS Ages 7-9 6-7 p.m. 281836</p> <p>Cheerleading: White Oaks PS Ages 7-10 6-7 p.m. 281717</p> <p>Floor Hockey: Westmount PS Ages 10-12 7:15-8:15 p.m. 281726</p> <p>Hip Hop: Medway Arena Ages 10-12 7:15-8:15 p.m. 281944</p> <p>Basketball (Co-Ed): West Oaks FI Ages 7-9 6-7 p.m. 281646</p> <p>Basketball (Co-Ed): West Oaks FI Ages 10-12 7-8 p.m. 281629</p> <p>Soccer: Knollwood PS Ages 7-9 7:15-8:15 p.m. 283217</p> <p>Football: Tweedsmuir PS Ages 7-9 7:15-8:15 p.m. 282607</p>		<p>Soccer: South London Community Centre Ages 10-12 11:30 a.m. - 12:30 p.m. 283197</p> <p>Open Gym: Byron Community Centre Ages 6-13 9-10 a.m. 281850</p> <p>Dance Mix: South London Community Centre Ages 10-12 9-10 a.m. 281928</p> <p>Ballet: East London Public Library Ages 7-9 10:45-11:45 a.m. 282714</p> <p>Badminton: Stronach Ages 10-12 1:30-2:30 p.m. 281184</p> <p>Ultimate Mix: Stronach 11:00-11:45 a.m. 281227</p>	

Only these specific Spectrum programs are offered as part of the ACT-i-Pass program. Please preregister by phone at 519-661-5575 or in-person before attending.

Please note that all Grade 5's, regardless of their age, are eligible to register for any Spectrum programs offered through ACT-i-Pass.

Please contact Service Providers for more information about programs offered, including start/end dates, program details, and cancellations.



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Spectrum						
<p>Children's Yoga: Northridge PS Ages 10-12 7-8 p.m. 282813</p> <p>Cheerleading: Stronach Ages 7-10 5:30-6:30 p.m. 281206</p> <p>Introductory Squash: North London Optimist Community Centre Ages 8-12 5:30-6:30 p.m. 280887</p>			<p>Dance Mix: Ealing PS Ages 10-12 7:45-8:45 p.m. 283292</p> <p>Volleyball: Wilton Grove PS Ages 7-9 6-7 p.m. 282819</p> <p>Volleyball: Wilton Grove PS Ages 10-12 7-8 p.m. 282826</p>			
<p>Skating: Free entry to all public skating/family skating September through to the end of March at all City Facilities.</p>						
<p>Hickory 9 Hole Golf: Use the pass on one occasion and bring a friend/parent for free.</p>						
<p>ACT-i-Pass users can use their passes for ANY City of London Recreational Swims (any City of London pool facility, any Recreational Swim time). Visit www.london.ca/aquatics for more details.</p>						
<p>Boys and Girls Club Drop-In Programs: Children are placed in groups, supervised by BGCL staff members. Together, the children rotate to a variety of fun and exciting activities of their choice. ACT-i-Pass users join these programs for free. Activities include:</p> <ul style="list-style-type: none"> • Swimming • Gym and Sports • Creative Arts • Computers • Special Theme Events • Various Physical Activities - Gymnastics, Martial Arts, Dance, etc. <p>Located at 184 Horton Street. Visit www.bgclondon.ca for more information.</p>						
Weekdays: 4-7 p.m.					Saturday: 1-4 p.m.	
<p>YMCA Drop-In Program: Act-i-Pass users are welcome to go to any of the three YMCA branches for any evening or weekend family swims offered! Please refer to the individual facility schedules for family swim times throughout the week.</p> <p>(Centre Branch, Stoney Creek or The Bob Hayward YMCA)</p>						
Weekdays: 4:30 - 9:30 p.m.					Weekends: 9 a.m. - 4 p.m.	

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