

Winter 2019 ACT-i-Pass Schedule

Starts January 14th 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Spectrum (programs start week of January 14 th and run 8 weeks)						
<p>Squash Intro: North London Optimist CC Ages 8 - 12 5:30 - 6:30 p.m. 303951</p> <p>Glee Club: Northridge P.S. Ages 10 - 12 7 - 8 p.m. 307661</p> <p>Cheerleading: Masonville P.S. Ages 10 - 12 7 - 8 p.m. 307713</p> <p>Dance Mix: Knollwood P.S. Ages 10 - 12 7:30 - 8:30 p.m. 307336</p> <p>Open Gym: F.D. Roosevelt P.S. Ages 6 - 13 7 - 8 p.m. 308479</p> <p>Soccer: Lord Nelson P.S. Ages 10-12 7:15 - 8:15 p.m. 308053</p> <p>Soccer: Byron Somerset P.S. Ages 10-12 7:30 - 8:30 p.m. 307509</p> <p>Soccer: Westmount P.S. Ages 10-12 7:30 - 8:30 p.m. 307506</p> <p>Glee: West Oaks F.I. P.S. Ages 10-12 7:15 - 8:15 p.m. 307789</p> <p>Hip Hop: Wilfred Jury P.S. Ages 10-12 7:30 - 8:30 p.m. 307977</p>	<p>Volleyball Ryerson P.S. Ages 10 - 12 7 - 8 p.m. 308489</p> <p>So You Think You Can Dance: Masonville P.S. Ages 10 - 12 7 - 8 p.m. 307356</p> <p>Basketball: Stronach Park Ages 10 - 12 7 - 8 p.m. 304051</p> <p>Drawing & Sketching: Southwest CC Ages 10 - 12 5:30 - 7 p.m. 306882</p> <p>Girls Basketball Wilfrid Jury P.S. Ages 10 - 12 7:15 - 8:15 p.m. 307469</p> <p>Aikido Kids Carling Heights Optimist CC 6:15 - 7 p.m. 302466 (Tues + Sat)</p>	<p>Soccer: Northbrae P.S. Ages 10 - 12 7 - 8 p.m. 308054</p> <p>Badminton: Knollwood P.S. Ages 10 - 12 7 - 8 p.m. 308518</p> <p>Girls Basketball: Westmount P.S. Ages 10 - 12 7 - 8 p.m. 307465</p> <p>Volleyball White Oaks P.S. Ages 10 - 12 7:15-8:15 p.m. 307627</p> <p>Hip Hop: Clara Brenton P.S. Ages 10 - 12 7:30 - 8:30 p.m. 307978</p>	<p>Drama: Wilton Grove P.S. Ages 10 - 12 7 - 8 p.m. 307666</p> <p>Floor Hockey: Wilton Grove P.S. Ages 10 - 12 7:15 - 8:15 p.m. 308552</p> <p>Basketball: Wilton Grove P.S. Ages 10 - 12 7 - 8 p.m. 308089</p> <p>Cheerling: White Oaks P.S. Ages 10 - 12 7 - 8 p.m. 307747</p> <p>Yoga: West Oaks FI P.S. Ages 10 - 12 7:15 - 8:15 p.m. 308475</p> <p>Dance Mix: Medway CC Ages 10 - 12 7:30 - 8:30 p.m. 307823</p>		<p>Write It!: Westmount Library Ages 10 - 12 11a.m. - 12 p.m. 306322</p> <p>Badminton: Stronach Park Ages 10 - 12 1:30 - 2:30 p.m. 304046</p> <p>Boys Basketball: South London CC Ages 10 - 12 9 - 10 a.m. 307450</p> <p>Glee Club: Southwest CC Ages 10 - 12 10 - 11 a.m. 306934</p> <p>Dance Mix: South London CC Ages 10 - 12 10 - 11 a.m. 307822</p> <p>Aikido Kids: Carling Heights Optimist CC Ages 10 - 12 9:15 - 10 a.m. 302466 (Tues + Sat)</p>	

Only these specific Spectrum programs are offered as part of the ACT-i-Pass program. Preregister by phone at 519-661-5575 or in-person before attending. Please note that all Grade 5's, regardless of their age, are eligible to register for any Spectrum programs offered through ACT-i-Pass.

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<p>Swimming: ACT-i-Pass users can use their passes for ANY City of London Recreational Swims (any City of London pool facility, any Recreational Swim time). City admission policy is in effect. Visit www.london.ca/aquatics for more information.</p>						
<p>Skating: Free entry to all public skating and family skating September through to the end of March at all City Facilities. Visit www.london.ca/residents/recreation/Arenas-Skating/Pages/default.aspx</p>						
<p>Boys and Girls Club Drop-In Programs: ACT-i-Pass users can join activities and programs that engage physical activity, education, nutrition and social recreation for free! Children are placed in groups, supervised by BGCL staff members. Together, the children rotate to a variety of fun and exciting activities of their choice.</p> <p>Located at 184 Horton Street. Visit www.bgclondon.ca for more information.</p> <p>Weekdays: 4 -7 p.m.</p>						
<p>YMCA Drop-In Program: ACT-i-Pass users are welcome to go to any of the four YMCA branches for any evening or weekend family swims offered! The YMCA also offers free drop-in dry land activities. Please refer to the individual facility schedules for family swim times throughout the week. (Centre Branch, Stoney Creek, The Bob Hayward YMCA, Bostwick)</p>						
<p>London Children's Museum: All ACT-i-Pass users, and their families, can visit the London Children's Museum for free Thursday Family Fun Night! Come explore the London Children's Museum for extraordinary hands-on learning experiences in a distinctly child-centred environment. Free for the whole family!</p> <p>Located at 21 Wharncliffe Road South. Visit www.londonchildrensmuseum.ca for more information.</p> <p>Thursday: 5-8 p.m.</p>						
<p>Palasid South: ACT-i-Pass users are welcome to go to Palasid South and enjoy free bowling from September to June.</p> <p>Located at 141 Pine Valley Boulevard. Visit www.Palasad.com for more information.</p> <p>Monday - Thursday: 4:30 p.m. - 7:00 p.m.</p>						

Please contact Service Providers for more information about programs offered, including start/end dates, program details, and cancelations.