

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
City of London Recreation programs (programs start week of September 23 rd and run 8 weeks)						
<p>Ballet: Byron CC Ages 7-9 7:30-8:30 pm 319583</p> <p>Ballet: W Sherwood Fox Ages 7-9 6:45 – 7:45 pm 319585</p> <p>Dance Mix: W Sherwood Fox Ages 10-12 7:45 -8:45 pm 319768</p> <p>Hip Hop: Wilfred Jury P.S. Ages 10-12 7:15-8:15 pm 319814</p> <p>Yoga: Northridge P.S. Ages 10-12 7 - 8 pm 318103</p> <p>Boys Basketball: Wilfred Jury P.S. Ages 10-12 7:00-8:00 pm 318231</p> <p>Squash Intro: NLOCC Ages 8-12 5:30 – 6:30 pm 319781</p>	<p>Basketball: Byron Somerset P.S. Ages 10-12 6:15 -7:15 pm 318242</p> <p>Girls Basketball: W Sherwood Fox Ages 10-12 6:45 – 7:45 pm 318237</p> <p>Floor Hockey: Byron C.C. Ages 10-12 7:30 – 8:30 pm 318632</p> <p>Soccer: Byron Somerset P.S. Ages 10-12 7:15-8:15 pm 318166</p> <p>Soccer: Lord Nelson P.S. Ages 10-12 7:15 – 8:15 pm 318591</p>	<p>Lunch Munch: F.C. Fanshawe 6 – 7:30 pm 321019 <i>*One day workshop October 29th*</i></p> <p>Yoga: Glen Cairn Ages 10-12 7-8 pm 318104</p> <p>Girls Basketball: Arthur Ford P.S. Ages 10-12 7 - 8 pm 318233</p> <p>Girls Basketball: Wilfrid Jury Ages 10-12 7:15-8:15 pm 318235</p> <p>Martial Arts – Aikido Carling Heights C.C. Ages 10-12 6:15 – 7:15 pm 319812 (Tues + Sat)</p> <p>Multi-Sport: Stronach Ages 10-12 7:15 – 8:15pm 318028</p> <p>Volleyball: Ryerson P.S. Ages 10-12 7:15 -8:15 pm 318864</p> <p>Soccer: Wilfrid Jury P.S. Ages 10-12 6:45 -7:45 pm 321331</p>	<p>Hip Hop: Earl Nichols Ages 7-9 7:15 -8:15 pm 319826</p> <p>Hip Hop: Clara Brenton P.S. Ages 10-12 7:30 -8:30 pm 319815</p> <p>Glee: Stronach Ages 10-12 6:30 -7:30 pm 317986</p> <p>Yoga: South London C.C. Ages 10-12 7:15 – 8:15 pm 319649</p> <p>Basketball: Lord Nelson P.S. Ages 10-12 7-8 pm 318897</p> <p>Cheerleading: Lord Nelson P.S. Ages 10-12 7 – 8 pm 318006</p> <p>Volleyball: White Oaks P.S. Ages 10-12 7:15 -8:15 pm 318127</p> <p>Soccer: Northbrae P.S. Ages 10-12 7:30 – 8:30 pm 318592</p> <p>Floor Hockey: W Sherwood Fox P.S. Ages 10-12 7 – 8 pm 318630</p> <p>Floor Hockey: Ryerson P.S. Ages 10-12 7:15 -8:15 pm 318858</p>	<p>Lunch Munch: Medway 6:15 -7:45 pm 320935 <i>*One day workshop November 14th*</i></p> <p>Dance Mix: Cedar Hollow P.S. Ages 10-12 7:15 – 8:15 pm 320804</p> <p>Dance Mix: Medway Ages 10-12 7:30 – 8:30 pm 319765</p> <p>Yoga: West Oaks F.I. Ages 10-12 6 -7 pm 319650</p> <p>Badminton: Westmount P.S. Ages 10-12 7:15 -8:15 pm 318181</p> <p>Badminton: Wilton Grove P.S. Ages 10-12 7:15 -8:15 pm 319099</p> <p>Cheerleading: White Oaks P.S. Ages 10-12 7 -8 pm 318619</p> <p>Soccer: White Oaks P.S. Ages 7-9 7:15 – 8:15 pm 318146</p> <p>Hip Hop: Hilcrest P.S. Ages 10-12 7:15 – 8:15 pm 320816</p>	<p>Lunch Munch: South London C.C. 12:15 – 1:45 pm 320936 <i>*One day workshop November 6th*</i></p> <p>Dance Mix: Spring Bank Garden CC Ages 7-9 11:30 –12:30pm 319790</p> <p>Dance Mix: South London C.C. Ages 10-12 10 – 11 am 319764</p> <p>Glee: Medway Ages 10-12 2- 3 pm 319868</p> <p>Yoga: East London Library Ages 10-12 12:45 – 1:45 pm 318105</p> <p>Badminton: Stronach Ages 10-12 1:30 -2:30 pm 319096</p> <p>Basketball: South London C.C. Ages 10-12 9 – 10 am 318243</p>	<p>Soccer: South London C.C. Ages 10-12 10:30 – 11:30am 318164</p> <p>Badminton: Byron C.C. Ages 10-12 12:30 – 1:30 pm 318177</p> <p>Martial Arts-Aikido Carling Heights C.C. Ages 10-12 6:15-7:15 pm 319812 (Tues + Sat)</p> <p>Open Gym: South London C.C. Ages 6 – 12 2 – 3 pm 318648</p>

Only these specific programs are offered as part of the ACT-i-Pass program. Please register by phone at 519-661-5575 or in-person to before attending. Please note that all Grade 5's regardless of their age, are eligible to register for any of these programs offered through ACT-i-Pass



C.C. = Community Centre

Fall 2019 ACT-i-Pass Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Swimming: ACT-i-Pass users can use their passes for ANY City of London Recreational Swims (any City of London pool facility, any Recreational Swim time). City admission policy is in effect. Visit www.london.ca/aquatics for more information.</p>						
<p>Skating: Free entry to all public skating and family skating September through to the end of March at all City Facilities. Visit www.london.ca/residents/recreation/Arenas-Skating/Pages/default.aspx</p>						
<p>Boys and Girls Club Drop-In Programs: ACT-i-Pass users can join activities and programs that engage physical activity, education, nutrition and social recreation for free! Children are placed in groups, supervised by BGCL staff members. Together, the children rotate to a variety of fun and exciting activities of their choice.</p> <p>Located at 184 Horton Street. Visit www.bgclondon.ca for more information.</p> <p>Weekdays: 4 -7 p.m.</p>						
<p>YMCA Drop-In Program: ACT-i-Pass users are welcome to access any of the drop-in programs that are offered at the YMCA branches located in London. Please refer to the individual facility schedules for days and times of these activities.</p> <p>(Centre Branch, Stoney Creek, The Bob Hayward YMCA, Bostwick)</p>						
<p>London Children's Museum: All ACT-i-Pass users, and their families, can visit the London Children's Museum for free Thursday Family Fun Night! Come explore the London Children's Museum for extraordinary hands-on learning experiences in a distinctly child-centred environment. Free for the whole family!</p> <p>Located at 21 Wharncliffe Road South. Visit www.londonchildrensmuseum.ca for more information.</p> <p>Thursday: 5-8 p.m.</p>						
<p>Palasad South and Palasad Socialbowl: ACT-i-Pass users are welcome to go to Palasad South and enjoy 20 minutes of free bowling from September to June. Located at 141 Pine Valley Boulevard and 777 Adelaide St. N. Visit www.Palasad.com for more information.</p> <p>Monday - Thursday: 4:00 p.m. - 7:00 p.m.</p>						
<p>SARI Therapeutic Riding: Little Britches Farm Discovery is a fun-filled inclusive program open to children with and without special needs, aged 4 - 12 years. Participants enjoy crafts, games, songs and a pony ride. SARI reserves 2 in its Little Britches Program for ACT-i-Pass users with a diagnosed disability. Guardians must commit to all 4 Sundays and SARI requires registration at least 2 weeks in advance. If the two spots are still open two weeks prior to each session start date, students without a disability will be considered. A physician's referral and intake assessment is required for participants new to the SARI program. Supervision and support provided by SARI. Caregiver welcome to stay on-site during half-day program. For more information, contact SARI Therapeutic Riding at 519-666-1123.</p>						
						<p>September 15th October 20th November 17th December 15th</p>

Please contact Service Providers for more information about programs offered, including start/end dates, program details, and cancellations.